



COLEGIO
LA COLINA

iSP International
Schools
Partnership

**PLAN DE ESTUDIOS
PRIMER TRIMESTRE
GRADO 1**



COLEGIO LA COLINA
PLAN DE ESTUDIOS
PRIMER TRIMESTRE



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ÁREA	Educación Física y Expresión Corporal
ASIGNATURA	Educación Física

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE (estándar)	OBJETIVO DE APRENDIZAJE (subproceso)	CONCEPTO ARTICULADOR
Explora formas básicas del movimiento y sus combinaciones en diferentes situaciones y contextos	1. Demostrar su construcción de cuerpo, esquema corporal, habilidades motrices básicas y estructuración temporo-espacial a través de experiencias corporales.	1.1 Realiza diversas prácticas corporales donde consolida su noción de cuerpo, evidenciando control y más seguridad en sus movimientos. 1.2 Realiza de manera más fluida acciones más exigentes propias de la coordinación visomotora como lanzamientos con objetivo, recepciones, pateos, conducciones. 1.3 Expresa sus habilidades motrices básicas de una manera coordinada y eficiente con base a los estímulos externos.	- Esquema corporal, Estabilidad-equilibrio, Estructuración temporal - espacial. - Coordinación visomotora, Estabilidad-equilibrio, Esquema corporal. - Coordinación visomotora, Estructuración temporo espacial,

			Estabilidad-equilibrio.
Exploro e identifico emociones a través del movimiento corporal.	2. Desarrollar el conocimiento y la comprensión del esquema corporal y las habilidades motrices básicas mediante la práctica de movimientos complejos, integrando conceptos, como medidas y la noción de comparación entre pesos y distancias.	2.1 Reconoce su cuerpo, las partes que lo componen, sus posibilidades de movimiento y cuidados. 2.2 Identifica los cambios de estado del cuerpo en situaciones de reposo y de actividad física, teniendo una mejor percepción de sí mismo.	- Esquema corporal, Estabilidad-equilibrio. - Esquema corporal, Coordinación visomotora, Estabilidad-equilibrio.
Identifico las normas y principios establecidos para la realización de las prácticas propias de la actividad física.	3. Afianzar normas y principios establecidos para la realización de las prácticas propias de la actividad física, la interacción con sus compañeros y su relación con el entorno.	3.1 Interpreta las recomendaciones sobre higiene corporal antes, durante y después de la actividad física.	Esquema corporal, Recomendaciones de higiene corporal.



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ÁREA	English
ASIGNATURA	English

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
Listening	Listening for Meaning	2Lm.01 Understand, with little or no support, the main point of short talk.	• Feelings • Food • Weather
Listening	Listening for detail	2Ld.01 Understand, with little or no support, a short sequence of familiar instructions.	
		2Ld.04 Understand, with little or no support, some specific information and detail of short talk.	
Speaking	Expressing Feelings	2So.01 Express, with support, basic feelings.	
Speaking	Communication	2Sc.01 Give basic information about themselves using phrases and short sentences.	
		2Sc.03 Ask questions to find out an increasing range of personal information and respond accordingly.	
		2Sc.05 Produce simple phrases, pausing to search for expressions and to repair communication.	
Use of english	Grammatical Forms	2Ug.01 Use question words and structures to ask basic questions.	
		2Ug.02 Use common present simple forms, including short answer forms	

		and contractions, to give personal and factual information.	
		2Ug.04 Use common present continuous forms, including short answers and contractions, to talk about present activities.	
		2Ug.07 Use common adjectives on personal and familiar topics to give personal information and describe things.	
Use of english	Vocabulary	2Uv.02 Use ordinal numbers 1st–50th.	
		2Uv.05 Use prepositions of time (e.g. at) to talk about days and time.	
		2Uv.06 Use adverbs of definite time (e.g. now, today, yesterday, last week).	
		2Uv.07 Use common -ly adverbs to describe actions.	
		2Uv.08 Use the adverb too to add information.	
		2Uv.11 Use impersonal you in questions (e.g. How do you spell that?).	
Writing	Content	2Wc.01 Write, with support, simple phrases to give personal and factual information.	
		2Wc.02 Express, with support, basic feelings.	
Writing	Communicative achievement	2Wca.01 Write letters and words of consistent size and spacing. (Repeated 3 times — included only once)	
		2Wca.02 Use upper and lower case letters accurately when writing names, places and short sentences during guided writing activities.	
		2Wca.03 Spell an increasing number of simple, high-frequency words accurately during guided writing activities. (Repeated twice — included only once)	
Reading	Reading for global meaning	2Rm.02 Begin to read, with support, short, simple fiction and non-fiction texts with confidence and enjoyment.	



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Reading	Reading for detail	2Rd.01 Recognise, identify and sound, with support, a limited range of words and phrases in short, simple texts.	
		2Rd.02 Understand, with support, some specific information and detail in short, simple, illustrated texts.	
		2Rd.03 Read and follow, with support, a limited range of short, familiar instructions.	
		2Rd.04 Deduce the meaning of an increasing range of simple, familiar words, with support, by linking them to pictures.	

ÁREA	Español y Literatura
ASIGNATURA	Español y Literatura

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
2. Produzco textos escritos que responden a diversas necesidades comunicativas.		2.1 Reconoce, lee y escribe correctamente el abecedario. 2.2 Toma diferentes dictados. 2.4 Reconoce y usa las palabras según su función en la oración sustantivos: propios y comunes. Adjetivos y verbos. Género: masculino y femenino. Número: singular y plural. 2.5 Construye textos cortos para relatar, comunicar ideas o sugerencias y hacer peticiones al interior del contexto en el que interactúa. 2.8 Escribe palabras que le permiten comunicar sus ideas, preferencias y aprendizajes.	• Abecedario • Dictados • Sustantivos (propios - comunes) • Producción textual • Escritura
3. Comprendo textos que tienen diferentes formatos y finalidades.		3.1 Lee diferentes clases de textos: manuales, tarjetas, afiches, cartas, periódicos, etc.. 3.6 Comprende el propósito de los textos que lee,	• Lectura • Comprensión y análisis de textos

	apoyándose en sus títulos, imágenes e ilustraciones. 3.7 Explica las semejanzas y diferencias que encuentra entre lo que dice un texto y lo que muestran las imágenes o ilustraciones que lo acompañan. 3.8 Establece diferencias entre palabras que son sinónimos y antónimos.	• Afiches (características) • Sinónimo y antónimos
6. Reconozco los medios de comunicación masiva y caracterizo la información que difunden	6.3 Comprende los mensajes emitidos por diferentes medios de comunicación.	• Medios de comunicación (La noticia)

ÁREA	Arts
ASIGNATURA	Expresión Corporal

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
1. Propone movimientos a partir de instrucciones y demostraciones a través de la expresión de actividades imaginativas o por su propia necesidad de expresión lúdica.		• Ejecuta desplazamientos guiados y propone nuevos movimientos para aportar a la creación de coreografías simples. • Reconoce nuevas figuras y patrones de movimiento teniendo en cuenta un esquema corporal. • Manifiesta gusto sobre las características de sus expresiones artísticas y sobre su entorno sociocultural.	• Movimientos guiados • Figuras y patrones • Expresión

ÁREA	Matemáticas
ASIGNATURA	Matemáticas

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
Numbers	Integrantes and power	2Nc.01 Count objects from 0 to 100. 2Nc.02 Recognise the number of objects presented in unfamiliar patterns up to 10, without counting. 2Nc.03 Estimate the number of objects or people (up to 100).	Counting and estimating
Numbers	Integrantes and power	2Ni.01 Recite, read and write number names and whole numbers (from 0 to 100).	Counting and estimating
Numbers	Money	2Nm.01 Recognise value and money notation used in local currency. 2Nm.02 Compare values of different combinations of coins or notes.	Local currency
Numbers	Money	Place value, ordering and rounding	Using and comparing numbers
Numbers	Integrantes and power	2Ni.02 Understand and explain the relationship between addition and subtraction.	Addition and subtraction

		2Ni.03 Recognise complements of 20 and complements of multiples of 10 (up to 100). 2Ni.04 Estimate, add and subtract whole numbers with up to two digits (no regrouping of ones or tens)	
Geometry and measure	Geometrical reasoning, shapes and measurements	2Gt.01 Order and compare units of time (seconds, minutes, hours, days, weeks, months and years) 2Gt.02 Read and record time to five minutes in digital notation (12-hour) and on analogue clocks. 2Gt.03 Interpret and use the information in calendars.	Time
Geometry and measure	Geometrical reasoning, shapes and measurements	2Gg.01 Identify, describe, sort, name and sketch 2D shapes by their properties, including reference to regular polygons, number of sides and vertices. Recognise these shapes in different positions and orientations. 2Gg.02 Understand that a circle has a centre and any point on the boundary is at the same distance from the centre. 2Gg.08 Identify 2D and 3D shapes in familiar objects.	Describing shapes
Geometry and measure	Geometrical reasoning, shapes and measurements	2Gg.05 Identify, describe, sort and name 3D shapes by their properties, including reference to number and shapes of faces, edges and vertices. 2Gg.08 Identify 2D and 3D shapes in familiar objects.	3D shapes

ÁREA	Arts
ASIGNATURA	Music

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
1.The student explores the sound world through their body by listening, playing games, singing rhymes and chants, playing body sounds, etc.		1.1 Imagine and explore the origin and sound production process of musical instruments. 1.2 Identify constituent elements of the sound world in their immediate surroundings. 1.3 Talk about their musical taste and value their own musical expressions and from others. Furthermore, they demonstrate respect, concentration and appreciation at listening to music.	• Music world • Elements of music • Music appreciation • Timbre
2. The student explores the practice of art as a sensitive and creative experience of interaction with social and cultural world, in which he/she enjoys, transforms, values and signifies the sound world.		2.1 Understand musical practice as a medium for communication of life experiences, feelings and ideas.	• Music and feelings • Media • Music appreciation • Music behaviour



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7. The student performs, as part of a vocal and/or instrumental group, inside the classroom and/or in public.	7.1 Interact playfully with music and demonstrates listening through physical reaction: accompanying with the body and playing and imitating musical statements and rhythmical fragments.	• Music as Movement and Play • Listening with the Whole Body • Sound, Body, and Expression
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ÁREA	Ciencias
ASIGNATURA	Science

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
EARTH AND SPACE	Planet Earth	2ESp.01 Describe and compare different types of rock.	- Materials in our world. - Living things in different places.
CHEMISTRY	Properties of materials	2Cp.01 Describe a property as a characteristic of a material and understand that materials can have more than one property. 2Cp.02 Explain why materials are chosen for specific purposes on the basis of their properties.	
EARTH AND SPACE	Planet Earth	2ESp.02 Know rocks are extracted from the Earth in different ways, including from quarries, mines and riverbeds. 2ESp.03 Know that human activity can affect the environment.	
CHEMISTRY	Materials and their structure	2Cm.01 Understand that some materials occur naturally and others are manufactured.	
CHEMISTRY	Properties of materials	2Cp.03 Know that materials can be tested to determine their properties.	

BIOLOGY	Ecosystems	2Be.01 Know that an environment in which a plant or animal naturally lives is its habitat. 2Be.02 Know that different habitats contain different plants and animals. 2Be.03 Identify similarities and differences between local environments in terms of hot, cold, dry, wet, many plants, few plants, many animals and few animals.	
BIOLOGY	Structure and function	2Bs.01 Compare how animals, including humans, are similar and different in their external body parts and skin covering.	
BIOLOGY	Life processes	2Bp.03 Describe how the offspring of animals, including humans, change as they become older. 2Bp.04 Know that animals, including humans, produce offspring that have a combination of features from their parents.	

ÁREA	Humanities
ASIGNATURA	Social Studies

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE (subproceso)	CONCEPTO ARTICULADOR
Recognizes their individuality and their belonging to different social groups		Describes personal time and situates itself in sequences of self and social events. (days and months activities)	• Days of the week • Months of the year • Yesterday, today and tomorrow • Special dates • Types of housing
		Differentiates yesterday, today and tomorrow from the daily activities performed and their duration	
		Locates significant dates of his own and his family (important family and school dates when he was born, the first day in the school, participation in ceremonies, celebrations etc) Recognizing that these make him belong to a community.	
Recognizes the notion of change based on the transformations experienced in recent years at a personal level, in his family and in the neighborhood, village or place where he lives, from the recognition of		Relates to the main social events occurring in the classroom, for example, the beginning of school life, the celebration of the children, the flag-raising or the celebration birthday, among others, differentiating the before and now.	



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housing types	Identify the homes that stand out in your community, that are heritage today and that should be preserved (Igloo, house, block flats, maloca, castle, hut).	
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ÁREA	Arts
ASIGNATURA	Visual Arts

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
1. The student's aspiration is to enthusiastically involve themselves in a diverse array of impactful artistic endeavors, acknowledging art as a powerful vehicle for human expression that nurtures personal growth and fosters meaningful connections with others.		1.1. Value their own and others' artistic creations and classifies pictures, paintings and artworks in a simple curatorial process. 1.2. Be able to accomplish a final work according to the guidelines provided by the teacher and decide when it is finished showing independence in their artwork. 1.3. Approach to the concept of museum and gallery by the creation of art class exhibitions.	• Forms and artistic disciplines • Art as a means of human expression • Personal growth through art
3. The student approaches art through nature appreciation and reinterpretation on their own, inspired by the school		3.1. Get acquainted with botanical illustration made by Jose Celestino Mutis and Alexander Von Humboldt and relate it to experiences significant to theirs. 3.2. Imitate and reinterpret masterpieces by Vicent Van Gogh and Edward Monet	• Independent artistic exploration • Inspiration from nature • Reinterpretation of the natural world

		• Exploring the school environment
6. The student creatively explores various techniques in drawing and painting, utilizing them as diverse pathways to illustrate landscape, self-portraits and fauna and flora.	6.1. Experiment with different materials to discover new drawing and painting techniques such as stippling, stencil, watercolor, transfer, pencil, rubbing, stamping, scratching, color, hatching etc...	• Creative exploration of techniques • Material exploration • Stippling • Stencil • Watercolor • Transfer • Pencil drawing • Rubbing (frottage) • Stamping • Scratching (sgraffito) • Color exploration • Hatching and cross-hatching