



COLEGIO
LA COLINA

iSP International
Schools
Partnership

**PLAN DE ESTUDIOS
PRIMER TRIMESTRE
GRADO TRA**



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ÁREA	Educación Física y Expresión Corporal
ASIGNATURA	Educación Física

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE (subproceso)	CONCEPTO ARTICULADOR
CORPORAL	Expresar su noción de cuerpo en relación al objeto, espacio, grupos, tiempo y medidas de distancias y tiempo a través de experiencias corporales y habilidades motrices básicas.	1.1 Realiza movimientos y tareas motrices que involucran patrones básicos de movimiento y sus posibles combinaciones, siendo un poco más conscientes de la existencia de estos y del cuerpo. 1.2 Realiza movimientos a partir del conocimiento de su lateralidad y coordenadas espaciales, fortaleciendo su esquema corporal y sus habilidades perceptivo motrices. 1.3 Realiza pases y recepciones de objetos que permiten desarrollar la coordinación viso manual y viso pedal.	1.1 Saltos y desplazamientos combinados 1.1 Juegos con secuencias de movimiento 1.1 patrones locomotores y manipulativos 1.2 cambio de dirección y orientación 1.2 espacio propio y espacio del otro 1.3 Coordinación viso manual

COGNITIVO	Comprender la noción de cuerpo, las habilidades motrices básicas, la ubicación temporo espacial y las posibilidades de interacción en relación al movimiento.	2.1 Comprende sus posibilidades y oportunidades de movimiento a partir de sus habilidades motrices básicas. 2.2 Construye nociones de espacio, tiempo y medida en relación con sus segmentos corporales a través de experiencias cotidianas.	1.3 Coordinación viso pedal 1.3 juegos de precisión 2.1 Posibilidades de movimiento 2.2 Noción de tiempo 3.1 Reglas y normas de clase.
AXIOLÓGICO	Fortalecer la noción de autoconcepto, en relación con las normas y principios establecidos para la interacción social y la realización de las prácticas corporales.	Respetar las normas y reglas preestablecidas en la clase y en sus actividades participó en los juegos individuales y colectivos propuestos en la clase.	3.1 Participación

ÁREA	English
ASIGNATURA	English

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
Listening	Listening for detail	1Ld.01 Recognise a limited range of simple words that are spelled out slowly and clearly.	Unit 1.1 Time for English
Reading	Reading for detail	1Rd.01 Recognise, identify, sound and name the letters of the alphabet.	
Speaking	Communicative achievement	1Wca..02 Form upper and lower case letters.	
Use of English	Grammatical forms	1Ug.02 Use familiar question words and structures in present simple forms to give basic personal and factual information.	Unit 1.2 Me
Speaking	Communication Communication	1Sc.01 – 1Sc.02 Give basic information and describe people, places, and objects, and routine actions and events, using simple words and phrases.	
Speaking		1Sc.03 Ask simple questions about classroom routines and to find out a limited range of personal information, and respond accordingly.	



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Listening	Listening for detail	1Ld.02 Understand, with support, a limited range of short, simple instructions.	UNIT 1.5 Our school and classroom
Writing	Communicative achievement	1Wca04 Write familiar words.	
Use of English	Vocabulary	1Uv.03 Use with to indicate accompaniment and for to indicate the recipient.	



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ÁREA	Arts
ASIGNATURA	Expresión Corporal

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
1. Muestra armonía corporal en la ejecución de las formas básicas de movimiento y tareas motrices y las refleja en su participación dinámica en las actividades de grupo.		- Realiza movimientos básicos como caminar o saltar con fluidez y control de su cuerpo asegurando una buena postura y alineación corporal. - Construye algunos movimientos secuenciales simples de acuerdo a un ritmo determinado. - Aporta ideas creativas con el fin de favorecer la participación tanto en forma individual como grupal.	- Movimientos básicos - Creación de movimientos secuenciales. - Participación y trabajo grupal.



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ÁREA	Español y Literatura
ASIGNATURA	Lengua Materna

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
2. Comprendo textos literarios para propiciar el desarrollo de mi capacidad creativa y lúdica.		2.1 Ubica en un texto escrito información puntual sobre: ¿Qué?, ¿Quiénes?, ¿Cuándo?, ¿Dónde?	Comprensión de lectura
3. Produzco textos escritos que responden a diversas necesidades comunicativas.		3.2 Escribe palabras con los grafemas (m-s-p-l-t-d) 3.6 Toma diferentes dictados para adquirir velocidad en la escritura.	- Escritura de palabras (m-s-p-l-t-d) - Dictados
4. Produzco textos orales que responden a distintos propósitos comunicativos.		4.1 Discrimina los fonemas (m-s-p-l-t-d) 4.2 Identifica palabras que riman en juegos con la música, las rondas, la poesía, juegos corporales, entre otros. 4.3 Lee imágenes, hace preguntas y formula ideas. 4.4 Lee con los fonemas (m-s-p-l-t-d). 4.8 Describe con multiplicidad de detalles personas,	- Conciencia fonológica - Lectura de palabras (m-s-p-l-t-d) - Lectura de imágenes - Rimas



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	animales y objetos dentro de un contexto y diferentes situaciones. 4.9 Identifica y reconoce características generales de una fábula.	• Descripción • Fábula (características)
8. Comprendo la información que circula a través de algunos sistemas de comunicación no verbal.	8.1 Realiza algunas señales que servirán en su entorno escolar para él y sus compañeros, estimulando el lenguaje icónico.	• Lectura de señales

ÁREA	Matemáticas
ASIGNATURA	Logical Thinking

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
NUMBER	Counting sequences and	1Nc.01 Count objects from 0 to 20, recognising conservation of number and one-to-one correspondence. 1Nc.02 Recognise the number of objects presented in familiar patterns up to 10, without counting.	Counting sequences and
	Counting sequences and	1Nc.03 Estimate the number of objects or people (up to 20), and check by counting.	
	Integers and powers	1Ni.01 Recite, read and write number names and whole numbers (from 0 to 20).	Counting sequences and
	Place value, ordering and rounding	1Np.01 Understand that zero represents none of something. 1Np.04 Recognise and use the ordinal numbers from 1st to 10th.	Integers and powers

	Counting sequences and	1Nc.04 Count on in ones, twos or tens, and count back in ones and tens, starting from any number (from 0 to 20). 1Nc.05 Understand even and odd numbers as 'every other number' when counting (from 0 to 20)	Place value, ordering and rounding
	Counting sequences and	1Nc.06 Use familiar language to describe sequences of objects.	Counting sequences
	Place value, ordering and rounding	1Np.02 Compose, decompose and regroup numbers from 10 to 20. 1Np.03 Understand the relative size of quantities to compare and order numbers from 0 to 20.	Counting sequences
GEOMETRY AND MEASURE	Geometrical reasoning, shapes and measurements	1Gg.01 Identify, describe and sort 2D shapes by their characteristics or properties, including reference to number of sides and whether the sides are curved or straight. 1Gg.03 Identify, describe and sort 3D shapes by their properties, including reference to the number of faces, edges and whether faces are flat or curved.	Place value, ordering and rounding
	Geometrical reasoning, shapes and measurements	1Gg.06 Differentiate between 2D and 3D shapes.	Geometrical reasoning, shapes and measurements
	Geometrical reasoning, shapes and	1Gp.01 Use familiar language to describe position and direction.	Geometrical reasoning, shapes and



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	measurements	1Gg.07 Identify when a shape looks identical as it rotates.	measurements
			• Geometrical reasoning, shapes and measurements



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ÁREA	Arts
ASIGNATURA	Music

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
1.The student approaches and explores the sound environment in diverse spaces of their surroundings.		1.1 With substantial guidance from the teacher, identify body sounds (breathing, heartbeat, etc) 1.2 Describe the difference between noise and music.	• Sound Exploration Skills
2. The student identify properties of sound and musical events proper to their context and environment, particularly related to emotions, daily routines, family settings and customs, popular songs, etc.		2.1 With substantial guidance from the teacher, express emotions using body and voice (joy, sadness, etc).	• Emotional Musical Expression



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3. The student appropriates elements of musical language and makes use of non-conventional notation.	3.1 With help from the teacher, explore and feel pulse and stressed beats in music.	Musical Awareness Element
4. The student explores the notions of speed, tempo, rhythm and duration from concrete exercises linked to movement.	4.1 Perform and create basic rhythm exercises using half notes, quarter notes and eighth notes while reading non-conventional notation.	Rhythmic Coordination Body

ÁREA	Ciencias
ASIGNATURA	Physical Thinking

STRAND	SUB-STRANDS	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
BIOLOGY	Structure and function	1Bs.03 Recognise and name the major external parts of the human body.	My body, your body, everybody!
	Life processes	1Bp.04 Describe how humans are similar to and different from each other.	My body, your body, everybody!
	Structure and function	1Bs.02 Identify the senses (limited to sight, hearing, taste, smell and touch) and what they detect, linking each to the correct body part.	My body, your body, everybody!
	Structure and function	1Bs.02 Identify the senses (limited to sight, hearing, taste, smell and touch) and what they detect, linking each to the correct body part. (Note, for the suggested activity the focus is on hearing only)	My body, your body, everybody!
	Structure and function	1Bs.01 Recognise and name the major parts of familiar flowering plants (limited to roots, leaves, stems and flowers).	Plants



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	Life processes	1Bp.03 Know that plants need light and water to survive.	Plants
PHYSICS	Light and sound	1Ps.01 Identify different sources of sound.	Sound
	Light and sound	1Ps.02 Explore that as sound travels from a source it becomes quieter.	Sound



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ÁREA	Humanities
ASIGNATURA	Social Thinking

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE (subproceso)	CONCEPTO ARTICULADOR
To understand time and historical events; with the community to practice responsible behaviour, to demonstrate a sense of self-identity and, to explain goods and services. Finally, to identify geographic terms	To understand time and historical events.	Compare characteristics among urban, suburbs, and rural areas.	Urban and rural
		Acknowledges important events related to him/herself to understand the sequence of time. (yesterday, today, tomorrow)	Time
		Demonstrates respect for the culture, traditions, and ethnicity of his/her community. Identifies Patriotic and La Colina's symbols (anthem and flag).	Culture and traditions
	Practicing responsible behavior is essential	Identifies different community helpers to recognize whom to ask for help and main community places (nurse, doorman, salesman,	Community helpers



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	for being a good citizen or student.	baker, hairdresser, mechanic, secretary, dentist, pilot)	
		Participates in responsible, healthy, and coexistent actions and activities that contribute to the school (Good manners and school rules).	Good manners
		Communicates positive feelings and ideas of him/herself (e.g., positive self-image, good friend, helper, honest, confidence, enthusiasm, gratitude) and recognizes negative emotions (embarrassment, boring).	Feelings

ÁREA	Arts
ASIGNATURA	Visual Arts

ESTÁNDAR NACIONAL Y/O INTERNACIONAL	META DE APRENDIZAJE	OBJETIVO DE APRENDIZAJE	CONCEPTO ARTICULADOR
2. The student uses their imagination, and their own and others' experiences, visual and written narratives as a source of inspiration to create works of art.		2.1. Use his body as a tool of creation and increasing self-awareness and interpretation of others' identity, traits, feelings and behaviors. 2.2. Explore and develop their own observation skills in creative ways.	• Inner creativity and inventive thinking • Visual and written narratives. • Distinctive style and perspective • My life, my art • Dreamscapes and fantasies
6. The student creatively explores various techniques in drawing and painting, utilizing them as diverse pathways to depict animals, plants, and the human body.		6.1. Approach to the concept of self-portrait and portrait. 6.2. Experiment with different materials to discover new drawing techniques as stamping and chalk pastels	• Representation of a person • Self-Portrait as a portrait created by the artist of themselves. • Inner feelings or



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		moods • Material exploration • Patterns, textures, or repeating shapes. • Depth and emotion. • Artistic Purpose
1. The student aspires to actively participate in a wide range of meaningful artistic pursuits, recognizing art as a profound means of human expression that cultivates personal and interpersonal connections.	1.1. Value their own and others' artistic creations (classmates, teachers, artists, etc.) displaying their artworks to make an art exhibition. 1.2. Engage with a wide variety of artistic practices, exploring different cultures, styles, and media to deepen their understanding of art as a global and personal form of expression.	• Collaborative art projects. • Art forms and media. • The role of art in culture and society